



# SOUND BATH FACILITATOR TRAINING RETREAT

• **16-24 October 2026** •  
Montiglio Monferrato, Italy

Learn to lead powerful and calming sound baths with Tibetan bowls, gongs & vibrational instruments.

## What you'll learn:

- Facilitate group & one-to-one sound baths
- Use singing bowls, crystal bowls, gongs, drums & voice with purpose
- Structure sessions, manage space, transform vibration into healing tool

**8 days of immersive training. Diploma awarded after 6 hours of supervised case-studies.**



Othman Haddad  
Lead tutor



Frédéric Perrier  
Composer, Trainer &  
Assistant Tutor



Scan here to apply!

 [www.swissoundtherapy.ch](http://www.swissoundtherapy.ch)

 [info@swissoundtherapy.ch](mailto:info@swissoundtherapy.ch)



## The venue: Retreat Monferrato

Nestled among the gentle hills of Piedmont, Retreat Monferrato is an oasis of peace surrounded by fields, forests and open sky.

A place designed for reconnection, with yourself, with nature, and with the rhythm of silence.

You'll find bright practice halls, comfortable rooms, a vegetarian kitchen inspired by local ingredients, and open-air terraces perfect for sunrise meditations.

Here, time slows down, sound expands, and each breath finds its space.



## Investment:

### Early Bird (until 28 Feb 2026)

- Single room €2 750
- Double/Twin room €2 500

### Standard Rate (from 1 March 2026)

- Single room €2 950
- Double/Twin room €2 700

## Format:

- 8 days immersive training
- Small group (max 12 participants)
- Diploma awarded after supervised case studies

**Apply now, limited places!**


## About the Location:



Follow us on  
Instagram!

 [www.retreatmonferrato.com](http://www.retreatmonferrato.com)

 [opmdretreat@gmail.com](mailto:opmdretreat@gmail.com)

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